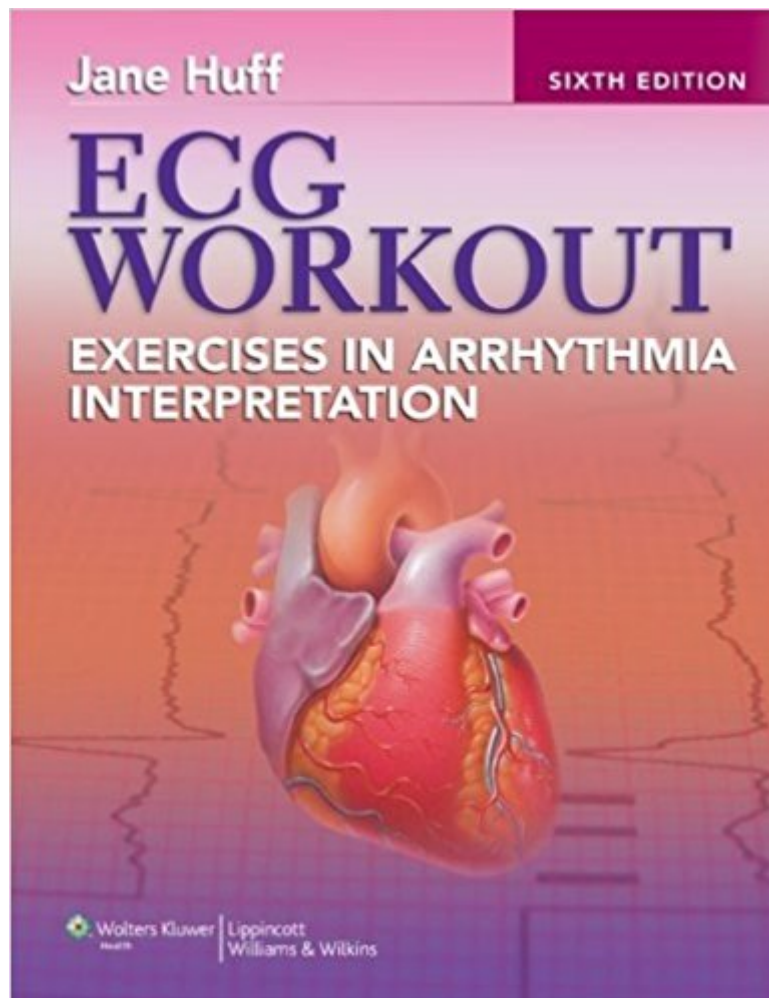




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ECG Workout: Exercises In Arrhythmia Interpretation (Huff, ECG Workout)



Synopsis

This is an outstanding text and workbook is the leading reference for students, practicing nurses, paramedics, and other health professionals learning ECG interpretation. Thoroughly updated with new figures and an easy-to-follow text, this ECG Workout is an excellent guide to rhythm analysis that builds on the student's knowledge in a step-by-step fashion to broaden understanding of essential ECG concepts and hone the skills necessary to confidently and accurately interpret ECG waveforms. Coverage includes cardiac anatomy and physiology, electrophysiology, waveforms, arrhythmias, and pacemakers. The book includes over 600 ECG strips illustrating a wide variety of conditions, end-of-chapter practice tests, a comprehensive posttest, a glossary, and answer keys at the back of the book. Handy bonus flashcards provide additional practice. The latest ACLS guidelines are also included.

Book Information

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Customer Reviews

I'm a first year medical student and we just had our Cardio block last month. Our adviser warned us that this block was notorious for being the hardest block for previous classes, so I wanted to make sure that I had plenty of practice reading ECGs. This book helped tremendously. First of all, it has a great overview of the anatomy and physiology of the heart, which I skimmed since we had covered most of the info during class. I wouldn't recommend relying solely on this book for

anatomy/physiology/electrical activity of the heart, but it's a great review. Secondly, there are five chapters that cover the actual disorders. Each chapter is focused on one subset of disorders (e.g. atrial arrhythmias, ventricular arrhythmias, AV problems, Pacemakers, etc). I found the explanations of the various disorders to be very clear and easy to read. Furthermore, the text also provides clear ECG examples of each disorder and highlights the defining characteristics to look for. Very helpful! However, the real benefit of this book comes from the hundreds of practice ECGs. There are at least 100 practice questions at the end of each chapter so you can review what you just learned. Since 100 questions is a bit much to do in one sitting, I ended up doing at least 10 questions from each section every day. Additionally, each practice ECG is formatted similarly; it asks you to find the rate, rhythm, P wave, QRS interval, etc. and analyze each section systematically. This really helped me recognize ECG patterns. In a couple of days, I was able to recognize certain disorders almost immediately via ECGs. There is also a "Post-Test." This chapter was basically 100 questions over everything covered in the book. Since it pulls from all chapters, this was a great way to make sure I really could tell different diseases apart. I love this book and highly recommend it.

Everyone loves Dubin. Great book, no doubt and as a PA student I found it very useful in helping me understand the basics of ECG Interpretation. However, every single text I find falls short of providing adequate practice with succinct and precise explanations of each rhythm strip and variations of each. Learning how things look in a perfect world is good to know, but seeing how it presents in multiple different ways is what you're going to need to learn to interpret in real life. As a PA student, I have finally found the book that put me at ease and makes me feel confident about reading ECG Rhythm during clinicals. I thought a book like this did not exist. Well it does. I suggest you get this book and a copy of Dubin, go over this one in more depth for rhythm and Dubin for axis, etc and you will be golden. This book is #1 gold to me and I know for a fact it would be #1 for many students like myself.

You can buy a million books but if you want one that will test your knowledge and really give you samples to interpret there is no greater book than this one hands down the best investment I made needed to learn to interpret ekgs consistently for work (I'm a telemetry monitor) and this book was amazing to utilize for my end goal

I couldn't imagine a better way to learn ECG strips. This book begins each section with lecture

information, very concise and very easy to understand. This book is intended for someone with some understanding of the heart and its conduction system already. Throughout the brief lecture material there are several examples of strips, followed by several practice strips. I found huge improvements in my measurements as I went through the workbook and did the exercises again, covering the answers. You can't learn how to do this just by reading, the workbook aspect is necessary and really effective. (I suggest using calipers considering the amount of time needed meticulously measuring to really gain the benefits of this workbook). This has really helped me learn so much more than I could have alone. I did a clinical rotation on a telemetry unit and based on my nursing school experience could only determine HR and if it was sinus rhythm. I used this book to prepare for an externship that I had on a telemetry unit and am now preparing for my residency in the ICU- this is perfect. I feel adequate and capable next to the RNs, even though I have not taken a certification course, or anything beyond the basics. It would not have been possible without this book.

Great for drilling with so many practice rhythm strips. It was perfect for learning rhythms and the charts at the end of the chapters were really helpful as a reference. Only issue was there were strips labeled as paroxysmal atrial tachycardia (PAT) where you couldn't see the beginning or the end of the tachycardia so we don't actually know it is PAT. If you can take those little inconsistencies in stride (as well as a few other differences compared to other course material, but that could have been professor preference), it is excellent practice for learning rhythms and measuring with calipers!

Good amount of exercise sheets to practice.

Purchased for school

I was required to purchase this book for an EKG class and I just don't feel that it was a very beneficial book. The information was not easily explained as it is in other books.

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